



# NYTON HOUSE

RESIDENTIAL CARE HOME

## MONDAY

### *Breakfast*

Poached Egg on Toast

### *Lunch*

Haddock Mornay with a selection of seasonal vegetables

or

Sausages and mashed potato, onion gravy and vegetables

or

Omelette / Salad / Baked Potato

Dessert: Crepe Suzette and cream or Fresh Fruit Salad

### *Supper*

Corn beef Hash with baked tomato's

Or

Sandwich with various fillings; Cheese, Ham, Smoked Salmon, Tuna & Mayo,  
Egg mayo.

Ice-Cream; Yoghurt; Cheese & Biscuits; Fresh Fruit or Fruit Jelly



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**TUESDAY**

***Breakfast***

Bacon and Tomato

***Lunch***

Beef Stew and Dumplings with seasonal vegetables

or

Prawn Tagliatelle with tomato sauce

or

Omelette / Salad / Baked Potato

Dessert: Bread & Butter Pudding with Custard or Chocolate Guinness cakes

***Supper***

Stuffed Mushrooms with bacon & cheese

or

Sandwich with various fillings; Cheese, Ham, Smoked Salmon, Tuna & Mayo,  
Egg mayo.

Crème Caramel or Ice-Cream; Yoghurt; Cheese & Biscuits; Fresh Fruit



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**WEDNESDAY**

***Breakfast***

Mushrooms on Toast

***Lunch***

Roast Chicken with stuffing and full roast veg selection with Homemade gravy

or

Homemade Quiche & Salad

or

Omelette / Salad / Baked Potato

Dessert: Apple Pie and Custard or Sherry Trifle

***Supper***

Bacon, Brie and Cranberry Panni with salad garnish

or

Sandwich with various fillings; Cheese, Ham, Smoked Salmon, Tuna & Mayo,  
Egg mayo.

Peaches & cream, Ice-Cream; Yoghurt; Cheese & Biscuits; Fresh Fruit



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**THURSDAY**

***Breakfast***

Scrambled Egg and smoked salmon

***Lunch***

Mince lamb cobbler with vegetables

or

Tuna Nicoise Salad (with French beans & olives)

Dessert: Chocolate Pots or Apricot Brown Betty with Custard

***Supper***

Asparagus rolled in ham with cheese sauce

or

Sandwich with various fillings; Cheese, Ham, Smoked Salmon, Tuna & Mayo,  
Egg mayo.

Ice-Cream; Yoghurt; Cheese & Biscuits; Fresh Fruit or Gooseberry Fool



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## FRIDAY

### **Breakfast**

Full English Breakfast

### **Lunch**

Fish of the day

or

Ham egg & chips

Dessert: Stewed Compote & Chantilly cream or Plum Lattice Tart

### **Supper**

Toasted English Muffin with Cherry Tomatoes & Cheese Sauce

or

Sandwich with various fillings; Cheese, Ham, Smoked Salmon, Tuna & Mayo,  
Egg mayo.

Dessert: Semolina & jam, Ice-Cream; Yoghurt; Cheese & Biscuits; Fresh Fruit



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**SATURDAY**

***Breakfast***

Fried Egg, Toast with baked beans

***Lunch***

Steak & Ale Pie

or

Roasted Vegetable Lasagne

Dessert: Rhubarb & Strawberry Pavlova, Baked Peaches & Custard

***Supper***

Cod Goujons with Lemon Mayonnaise and Salad

or

Sandwich with various fillings; Cheese, Ham, Smoked Salmon, Tuna & Mayo,  
Egg mayo.

Dessert: Elderflower sorbet, Ice- Cream; Yoghurt; Cheese & Biscuits; Fresh Fruit



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## **SUNDAY**

### ***Breakfast***

Assorted French Pastries

### ***Lunch***

Roast beef, Yorkshire Pudding, Roast Potato's, and vegetables

or

Smoked Salmon & Avocado Salad

Dessert: Lemon Tart or Ginger & Treacle Cake with Custard

### ***Buffer Supper***

Club Sandwiches; Stuffed Tomatoes; Curried Eggs; Celery with Cheese, Cheese Straws; Mini Sausages; Pizza Squares

Dessert: Strawberry mousse, Ice-Cream; Yoghurt; Cheese & Biscuits, Fresh Fruit